Dear Parents and Carers,

The parent information evening held last Tuesday was an outstanding success. Thank you all for taking the time out of your busy schedules to attend. The evening gave teachers the opportunity to share their learning overviews for the year and other useful information that is important to ensure a successful year for your children.

I have been very impressed with how quickly our students have settled into class and school routines. We will however have times when a slight hiccup occurs, please be assured we have processes in place to make sure that these are sorted out in a timely manner. Sometimes we will need to communicate with families during the day so I urge you to make sure that your current contact details have been placed on file at the front office.

All teachers have release from face to face teaching during the week and classes are taught by specialist teachers. This year our release programs are year 3 – 6 Indonesian, taught by Gloria Ross, ICT, taught by Jan Henroy and Science taught by Karon Campbell. In addition to these specialists roles the teachers also will provide additional classroom support across the school. We are very fortunate to be able to offer students at Ngunnawal Primary such rich curriculum experiences.

I was very excited to have some very polite visitors from KCC last week. Xander, Olivia, Daffodil and Emma shared their writing with me. After being at school for only two weeks these amazing children were able to sequence a sentence, draw a picture and write about their mum. When asked if Carmel had been busy doing all their writing, the answer was a resounding, “No, it was me!” It is wonderful to see the excitement of learning in our kindergarten students. I am looking forward to sharing their journey this year at ‘Big’ school.

Our substantive Deputy Principal, Linda Heath will not be returning to Ngunnawal Primary as she has won a position at Farrer Primary School. Linda has been at Ngunnawal Primary since 2010, where she was an executive teacher before being promoted to the deputy position. Linda is currently acting as the Principal of Duffy Primary and will take up the deputy’s position at Farrer Primary from the beginning of next term. We will be farewelling Linda at the whole school assembly in week 5. I would like to take this opportunity to thank Linda for her enormous contribution to Ngunnawal over the past years and wish her all the very best for the future.

Thank you to all our parents who attended the P & C AGM last night. The P & C play an important role in our school and I encourage you all to come along the meetings and be involved. The P & C is an excellent avenue to meet new people in the school community and work collectively towards supporting learning at our school.

As always, please feel free to make an appointment at the front office if you have anything you would like to discuss with myself or other members of the executive team.

Until next week,

Kristine
Kristine Stewart, Principal
We have started the year running in Redwood. We are using our shared space daily altogether for our instructions and really enjoying the opportunity to interact with each other.

Our writing focus this term is writing to explain and we have begun looking at what this looks like. We are making sure we don’t confuse it with a recount or procedure, which at times can be tricky.

We have begun our Geography unit on The Earth’s Environment and have started off looking at what is a habitat and why it is important.

In Art, we have begun our rotations each week looking at different art techniques and are thoroughly enjoying the variety of techniques we are learning.

We have begun our Daily 5 reading structure and have so far learnt how to pick our own books and started Read to Self. We’re up to 15 minutes already which is a fantastic effort in our first week of doing this.

In Maths we have been focusing on mental computation and the students have been so enthusiastic about the games they have been learning. These have come home for homework today so enjoy playing these games with your child.

Melissah, Courtney and Eloise
CHAPLAIN'S CORNER

I am looking forward to continuing my role as chaplain this year, providing support to the school community which I have been doing since the start of 2008. My office is now located in the Redwood unit.

The National School Chaplaincy and Student Welfare Program is an initiative of the Federal Department of Education, Employment and Workplace Relations (DEEWR). Funding is provided to employ a chaplain whose role is to enhance the wellbeing of the students, parents and staff who together create the school community. Chaplains in the ACT are employed through School Chaplaincy ACT.

Ngunnawal Primary School is a caring environment and the chaplaincy program extends the care that is offered by the wonderful staff of the school. Students may at times go through difficult periods, for example grief and loss, friendship difficulties and low self-esteem. I am available to students to listen to them, to be present for them and to help them to be fully aware that they are truly cared for at Ngunnawal Primary School.

Over the years I have been at the school I have provided small group workshops and individual support for students. Programs have focused on student wellbeing, self-esteem, resilience building, anger management and social interactions.

Participation in services provided by the chaplain are voluntary. Parents may contact the school if they wish to access the service or will be contacted by executive staff for students who may benefit from the program.

I am at the school on Wednesdays and Thursdays and can be contacted by phone via the front office or by email (bronwyn.jennings@ed.act.edu.au).

Bronwyn Jennings

Merit Award Recipients, Junior School Assembly

Wednesday, 12 February 2014

Health checks will be conducted on Wednesday, Thursday and Friday, 26 – 28 March 2014.
GET A HEAD START

EAT BREAKFAST
Is the morning routine a rush in your house?
Do you find it difficult to get the children to eat breakfast before they race out the door to school?

Often regarded as the most important meal of the day, breakfast can provide up to one third of children’s daily energy and nutrient needs. People who eat breakfast are more likely to have better overall diets than those who skip breakfast.

A recent study of 5000 Australian school children showed that one in five children had eaten nothing for breakfast. Missing breakfast can affect children’s health and their ability to concentrate at school. They are also more likely to eat less nutritious snacks later in the morning when they become very hungry. Children need a healthy breakfast to fuel up and get them through the day.

How can I help my children eat breakfast?
Start with yourself. Children are more likely to eat breakfast if you consider it an important meal and eat breakfast with them. With a little thought, breakfast can be quick and easy and children can help with the preparation.

My child gets up too late and there is no time for breakfast
Breakfast time need not be long but it is important so it’s worth getting other things ready the night before like school bags, hats, lunches etc to allow enough time for breakfast. Perhaps your child needs to go to bed earlier. At the very least have some breakfast ‘on the go’.

They say they’re not hungry
Some children just don’t feel like eating early in the morning. It may take them longer to get used to having breakfast. Start with something small like a drink of milk, 1/2 a banana or 1/2 a piece of toast. Don’t apply any pressure, but sit and eat breakfast with your child.

I leave early for work
If you have an early start, make sure that your child’s breakfast is taken care of before you leave. This can be done the night before or breakfast can be sent with them to before school care. Remember that you’ll need a good breakfast yourself to get through your work day.

Breakfast ideas
Try to include:
One serve of fruit or vegetable
One serve of bread or cereal
One serve of protein food – eg milk or egg

Easy sit down breakfast:
- Ready to eat cereal (whole grain, low sugar) or porridge with milk. Top with fruit (fresh, dried or tinned) or yoghurt (to sweeten)
- Toast (wholemeal, multigrain or high fibre) with a spread such as peanut butter, cream cheese, or vegemite, or top with sliced banana or tomato.
- Milk drink
**RECEIVE A COPY OF THE NEWSLETTER BY EMAIL!**

Please fill in the following details and return to the front office. Your name will be added to the Newsletter Email List.

**Family Name:**

______________________________________________

**Email Address:**

______________________________________________

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**NGUNNAWAL PRIMARY SCHOOL BOARD ELECTION 2014**

Membership of the School Board is a wonderful opportunity for parents to participate in the ongoing management of the school and to contribute to the determination of the school’s future directions.

Six (6) nominations have been received for the two (2) parent representative vacancies on the Ngunnawal Primary School Board for the period 1 April 2014 to 31 March 2016.

Nominees are:

Sonya Wyman Margreet Philp
Ian Phillips Torben Bilney
Lisa Younie Daniel Prior

An election for the parent representative positions will be conducted. Voting:

*Opens* 11:00am Monday, 24 February 2014
*Closes* 11:00am Monday, 3 March 2014.

Ballot papers will be sent home on Friday, 21 February 2014 and the ballot box will be located at the Front Office.

The successful candidates will be announced by Monday, 31 March 2014.

*Jennifer Lewis,*
*Assistant Returning Officer*

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**PIANO TUTORS**

Our current piano teacher, John Bice will not be taking any new students in 2014. John will continue teaching his current students and can be contacted on 6254 7238 if you have any queries.

This year a new piano teacher, **Ms Kerrie Yard**, will accept students wanting to start learning to play piano. Kerrie can be contacted on 6254 8141.

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**NGUNNAWAL ANGELS**

- meet on Wednesdays, 9:40am to 10:40am, straight after assembly (drop in when you can)
- open to all parents/carers
- chat and contact
- help your children’s teachers
- children are welcome (there are toys to play with!)
- stay as long as you can, whenever you can

Hope to see you there!

*Bronwyn, Chaplain*

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**Ngunnawal Primary School BANK ACCOUNT DETAILS**

**PLEASE MAKE SURE THAT YOU HAVE UPDATED THE SCHOOL’S BANK ACCOUNT DETAILS.**

Bank account details for direct deposits are:

<table>
<thead>
<tr>
<th>Bank</th>
<th>Westpac Bank</th>
</tr>
</thead>
<tbody>
<tr>
<td>BSB:</td>
<td>032777</td>
</tr>
<tr>
<td>Account No.</td>
<td>001738</td>
</tr>
</tbody>
</table>

**PLEASE ENSURE YOU INCLUDE YOUR CHILD’S NAME AND REASON FOR DEPOSIT IN THE REFERENCE SECTION.**

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**SMALLER DETAILS OF SUBURBIA – WORKSHOP**

22 Feb 2014

Children aged 7-13 are invited to join local artists Steve Roper and Paul Summerfield for a hands-on art workshop at the Tuggeranong Arts Centre. The kids will create a large cartoon mural out of funny drawings and paintings of their friends and family. To enrol, please contact the Tuggeranong Arts Centre on (02) 6293 1443 or info@tuggeranongarts.com before 20 Feb (numbers are strictly limited)

**WHAT:** Art workshop w/ Steve Roper and Paul Summerfield
**WHEN:** 10am-1pm, 22 Feb 2014
**WHERE:** Tuggeranong Arts Centre (Gallery 2)
**COST:** $10, materials provided. BYO snacks
St Patrick’s Hockey Club
Junior Hockey -2014 Season

The Junior Hockey season is commencing Saturday, 3 May and provides a great way to have fun and meet new people.

To get involved come along to one of the following:
- Registration Day – Gungahlin Village (outside Coles), Saturday 1 March, 10-2pm.
- Come and Try Day – Gold Creek Primary School, synthetic field, Kelleway St, Nicholls, Sunday 15 March

Junior Hockey is for ages 5-18.

If you would like further information, please contact Luke at stpats.minkey@gmail.com

This competition is part of the ACT Hockey’s “Hook in2 Hockey” program.

Welcome back to School Banking 2014

This year we are all deep sea divers!!

All Kindergarten children should have now received the bright blue parent packs and all existing school banking students will receive the packs when they make a deposit over the coming weeks. Inside is a fantastic token tracking chart that your children can use to let them know when they have saved for a reward! Also a perforated rewards chart to let the children know what reward is available throughout the year.

School banking has been teaching children smart savings habits and life-long money skills for over 80 years by simply bringing their money in each week, as little as 5 cents!

As we are an underwater theme this year there are fantastic rewards which includes, penguin or shark plush toy keyrings, whale pencil case, swimming bag, sea streamers to name a few.

Don’t forget that your school earns commission thru the School Banking program with $5.00 for every new child that joins thru the school and 5% commission on all the children’s deposits throughout the term.

If there are any children in Year 1 to Year 6 that would like to start banking and do not have a Commonwealth Bank account they can collect a parent pack from the front office.

Why not join in the fun at your school!!

AFL with the Gungahlin Jets

Your local junior AFL club since 2000

Junior Registration Days

Saturday, 15 and 22 February
9.30am to 1pm
at the Marketplace Gungahlin

Boys and Girls aged from 5 years to 18 years are welcome

“Live local – Train local”